

Enjoy your smooth radiant flawless skin! Leave all the fine lines, redness, and uneven skin texture behind.

ClearSilk™ is a quick facial-like procedure that can be done any time of year with no downtime. It utilizes non-invasive, non-ablative laser technology delivering micro-pulses of laser energy to the skin to safely, discreetly and effectively treat:

- Diffuse redness
- Rosacea
- Fine lines
- Wrinkles
- Appearance of large pores
- Uneven skin texture
- Scars

The result is a glowing complexion that keeps improving with each treatment.

What to expect?

What to expect **before** treatment?

- Before the treatment, you will be asked to remove your make-up or moisturizer and, in some cases, you may be asked to shave the area to be treated. You will not need gel, anesthetic cream or ice prior to treatment.

What to expect **during** treatment?

- Patients often describe the treatment as relaxing and therapeutic. You will experience a gentle warming of your skin during the procedure as the laser handpiece is moved back and forth above your skin.
- Your clinician will monitor your skin temperature, but will also ask you for feedback on the temperature.

What to expect **after** treatment?

- Skin may appear red and swollen and have a mild sunburn sensation. This is a normal reaction. It can last from a few hours to days after treatment. Applying a cold compress or ice pack will help minimize swelling. This is typically only needed within the first 12 hours after the treatment.
- If desired, make-up may usually be applied immediately after the treatment.
- If in the middle of a series of treatments, sun exposure should be avoided between treatments and a sunblock with a protection factor of 30+ should be used on a daily basis.
- Subsequent treatments are based upon your clinician's recommendation and are typically 2-4 weeks apart.
- In the rare event of broken skin or blistering, contact the office immediately. Keep the affected area moist and avoid direct sunlight.



TIPS & TRICKS

- Use soft wash cloth and towels to avoid any scrubbing.
- Wear a wide-brimmed hat or sun protecting clothing post treatment to avoid blistering, scarring, hyperpigmentation and hypopigmentation.
- Avoid strenuous exercise and sweating immediately after treatment.



WATCH-OUTS

- If the treated area is especially warm within the first 12 hours after the treatment, a cold compress or ice pack can be used to provide comfort.
- If the skin appears red or swollen (sunburn sensation), an icepack can provide comfort, same as Vitamin E or Aloe Vera applied to the treatment area. In rare cases, oral pain relievers, i.e. Extra Strength Tylenol or Advil, may be used.

Skin Care Recommendations

Just as important as the treatment, is the care for your skin post-treatment.

CLEANSING:

Cleanse the skin two times a day with plain, lukewarm water and a gentle cleanser. **Use your hands and fingertips** to cleanse using gentle patting motions for the first 48 hours.

Your doctor recommends these products:

MOISTURIZER:

Moisturizer should be applied generously with clean hands over treated area and reapplied whenever your skin feels dry.

Your doctor recommends these products:

SUNSCREEN:

Sunscreen is a **MUST** and should be used daily beginning the day of treatment and used consistently. If in the middle of a series of treatments, sun exposure should be avoided and sunblock with a protection factor of 30+ should be used on a daily basis.

Your doctor recommends these products:

PRACTICE INFORMATION