

# High-Powered ProLipo PLUS Joins Two Wavelengths in One Laser

By Bob Kronemyer, Associate Editor

Sciton, Inc.'s (Palo Alto, Calif.) new ProLipo PLUS enables physicians to blend 1064 nm and 1319 nm wavelengths to achieve optimal body sculpting results. Up to 30 watts of power can be reached with the 1064 nm wavelength and up to 20 watts with the 1319 nm wavelength.

"This system allows for in-office treatment of cases that I would normally need to perform in the operating room," said Barry Citron, M.D., F.A.C.S., a plastic surgeon in private practice in Livingston, N.J. "I can now use local tumescent anesthesia in the office."



**Barry Citron, M.D., F.A.C.S.**  
Plastic Surgeon  
Livingston, NJ

Before removing fat, Dr. Citron starts by placing the laser close to the skin and using pure 1064 nm to begin melting fat. "As I go deeper, I blend more 1319 nm. Typically, I use a 50/50 blend in the deeper tissue. By utilizing the 50/50 blend at that depth I can apply the most power – up to 40 watts. If you only use 1319 nm you're limited to 20 watts."

Generally, the goal is one treatment session, with the thighs perhaps taking two hours total. "However, there's no reason you can't go back at a later date and touch-up," noted

Dr. Citron, who also added that laser-assisted lypolysis is a good revenue stream. "There are a lot of people who are reluctant to be put to sleep in an operating room for traditional liposuction. Suddenly, new patients are emerging with the ProLipo PLUS."

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Dr. Citron emphasized, though, that the ProLipo PLUS is not a replacement treatment for patients who need traditional liposuction, but rather an adjunct. "You still need to perform liposuction afterwards," he explained. However, since "you are essentially draining liquefied fat and fluid," smaller cannulas and equipment can be employed instead of standard cannulas and vacuum pumps that mechanically disrupt and remove fat. "Incisions become insignificant therefore you can use more incision points for less scarring and a finer result," he advised.

"We're able to attain results that are unachievable with conventional liposuction," said Neil Goodman, M.D., Ph.D., a former OB/GYN who now practices cosmetic surgery in New York City, N.Y. The duration of effect after one treatment session of the

ProLipo PLUS is "indefinite." He added that "the laser is extremely helpful" for patients who are aged, or have stretched out skin from massive weight loss or multiple pregnancies. In some cases, Dr. Goodman has noticed a 50% improvement in skin tightening compared to conventional liposuction.



**Neil Goodman, M.D., Ph.D.**  
Cosmetic Surgeon  
New York City, NY

According to Dr. Goodman, "an abdomen tightening with a conventional 12 watt fiber might take 30 to 50 minutes, but with ProLipo PLUS's increased power of up to 40 watts, that time can be cut in half, or even more than half."

Dr. Goodman also routinely treats arms, inner thighs and the chin/neck. For large areas, the 1319 nm wavelength "is a better wavelength for quicker and faster heating of the tissue. But for small areas, like the chin/neck, I tend to use 1064."

Non-proprietary fibers help curtail disposable costs. "We reclaim these fibers by resterilizing them," Dr. Goodman explained. The modular platform also allows the addition of other applications such as endovenous laser treatment for varicose veins at a low-cost.



54 year old female before Tx

54 year old female one month after laser-assisted liposuction with skin tightening



67 year old female before Tx

67 year old female one month after laser-assisted skin tightening of the chin and neck



After liposuction and before internal laser tightening

After liposuction followed by internal laser

Photos courtesy of Neil Goodman, M.D., Ph.D.

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Introducing

# ProLipo PLUS™

Less **FAT**. More **PATIENTS**.



“ You will be hard-pressed to attain the same degree of skin tightening with more conventional forms of liposuction. ”

**Neil C. Goodman, MD**

ProLipo PLUS™ is a minimally invasive, ultra high-powered laser system for melting unwanted fat and coagulating tissue resulting in tighter, younger skin.

ProLipo PLUS™ brings you:

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Laser-assisted lipolysis is one of today's most popular procedures
- **Superior Results**  
Deliver speed and results with best-in-class power output and dual wavelength capability
- **Unprecedented Flexibility**  
Personalize treatments with a complete range of precisely adjustable settings
- **Maximum ROI**  
Protect your investment with a fully expandable, modular platform and non-proprietary fibers

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