

# WHICH F:TZF:TS?

## Sciton Laser and Light Treatments For the Full Spectrum of Skin Types



All Skin is Beautiful and Unique

Determining your client's skin type is the first step to achieving great results with Sciton's award-winning treatment brands.

This guide will help you select the most appropriate Sciton treatment(s) for your patients.

#### How to identify a patient's skin type

Skin tone isn't the only factor when classifying a patient's skin type on the Fitzpatrick scale. It's equally important to understand a patient's ethnic origin and how their skin reacts to the sun, including any history of histamine reactions, post-inflammatory hyperpigmentation (PIH), and scarring.

Use this skin type questionnaire and skin conditions matrix on the back cover as a guide when choosing the best Sciton treatment(s) for your patients.

This booklet provides a general set of guidelines to reflect skin type variations in range. It is by no means an exclusive representation of what all skin types look like. Each client should be assessed individually, and in some instances, it may be beneficial to test an area before proceeding with treatment.



itzpatrick Scale

The Fitzpatrick scale classifies skin type based on the amount of melanin in the skin and the skin's reaction to sun exposure.

## SKIN TYPING MATRIX

#### SAMPLE QUESTIONNAIRE

#### Eve color:

| Light Blue        | 0 |
|-------------------|---|
| Blue/Green        | 1 |
| Green/Gray/Golden | 2 |
| Hazel/Light Brown | 3 |
| Brown             | 4 |
|                   |   |

#### Natural hair color at age 18 was:

| Red         | 0 |
|-------------|---|
| Blonde      | 1 |
| Light Brown | 2 |
| Dark Brown  | 3 |
| Black       | 4 |
|             |   |

#### Color of skin unexposed to the sun:

| Pink to Reddish       | 0 |
|-----------------------|---|
| Very Pale             | 1 |
| Pale with a Beige Tan | 2 |
| Light Brown           | 3 |
| Medium to Dark Brown  | 4 |
| Dark Brown to Black   | 5 |

#### My ethnic origin is closest to:

| Very Fair (Celtic and Scandinavian)  |  |
|--|--|
| Fair Caucasian/Light Hair and Light Eyes   |  |
| Pale Caucasian/Dark Hair and Dark Eyes   |  |
| Olive (Mediterranean, some Asian, some Hispanic)   |  |
| Dark (Middle Eastern, Hispanic, Asian, Mixed Race)   |  |
| Very Dark (African, Black, Dominican, Caribbean,<br>Darker Skin Indian, Darker Skin Asian, Mixed Race) |  |

If I'm out in the sun for an hour or more without sunscreen and have not been out in the sun for weeks, my skin will:

| Burn, blister and peel             | С |
|------------------------------------|---|
| Burn, but does not tan             | 1 |
| Burn and tan gradually             | 2 |
| Turns pink and tan quickly         | 3 |
| Tan easily                         | 4 |
| Tan profusely to dark              | 5 |
| Never burn, it is deeply pigmented | 6 |

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?

| Longer than one month ago | 0 |
|---------------------------|---|
| Within the past month     | 1 |
| Within the past two weeks | 2 |
| Within the past week      | 3 |

#### Total Score:

| If your score is: | Your skin type is: |
|-------------------|--------------------|
| 0-3               | 1                  |
| 4 - 7             | 2                  |
| 8-11              | 3                  |
| 12 - 15           | 4                  |
| 16-19             | 5                  |
| 20 - 24           | 6                  |
|                   |                    |



# SKIN TYPE I

| Hair: | Red<br>Blonde  |
|-------|--|
| Eyes: | Blue Grey<br>Green   |
| Skin: | Very Pale White<br>Freckles<br>Burns Very Easily<br>Never Tans |

**Examples:** Celtic and Scandinavian

**Sciton Treatments:** 

**Texture/Tone:** BBL<sup>®</sup>, HALO<sup>®</sup>, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

Vascular/Hair: ClearV<sup>®</sup>, ClearSilk<sup>®</sup>, BARE*it*<sup>™</sup>





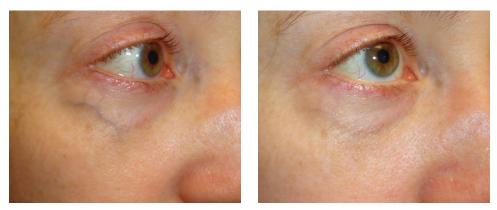




HALO® | 5 months post 2 tx | courtesy of Sarah Hamilton FACE



**Contour TRL**<sup>m</sup> | 6 months post 2 tx | courtesy of David Robbins, MD



 $\textbf{ClearV}^{\tiny (8)}$  | 5 weeks post 1 tx | courtesy of Shawn Allen, MD



# SKIN TYPE II

| Hair: | Red<br>Blonde<br>Light Brown              |
|-------|---|
| Eyes: | Blue Grey<br>Green Hazel                  |
| Skin: | Pale White<br>Burns Easily<br>Rarely Tans |

**Examples:** Fair-Skinned Caucasiar

**Sciton Treatments:** 

**Texture/Tone:** BBL®, HALO®, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

**Vascular/Hair:** ClearV®, ClearSilk®, BARE*it*™









BBL® | 3 months post 3 tx | courtesy of Sona MD





HALO<sup>®</sup> | post 1 tx | courtesy of AesthetiCare MedSpa



ClearSilk<sup>®</sup> | 6 months post 3 tx | courtesy of Yonick Plastic Surgery



# SKIN TYPE III

| Hair: | Chestnut<br>Dark Blonde                                   |
|-------|---|
| Eyes: | Brown Blue<br>Grey Green<br>Hazel                         |
| Skin: | White<br>Light Brown<br>Sometimes Burns<br>Gradually Tans |

Examples: Pale-Skinned Caucasian

## **Sciton Treatments:**

**Texture/Tone:** BBL<sup>®</sup>, HALO<sup>®</sup>, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

## Vascular/Hair:

ClearV<sup>®</sup>, ClearSilk<sup>®</sup>, BARE*it*™









Forever Clear BBL<sup>™</sup> | 1 month post 9 tx | courtesy of Brooke Bangart, National Laser Institute



**SkinTyte**<sup>™</sup> | 1 month post 6 tx | courtesy of Greenburg Cosmetic Surgery



**BARE***it*<sup>™</sup> | post 6 tx | courtesy of Sciton, Inc.





# SKIN TYPE IV

| Hair:      | Brown<br>Medium Brown<br>Dark Brown                           |
|------------|---|
| Eyes:      | Brown Hazel   |
| Skin:      | Medium to Dark Brown<br>Hardly Ever Burns<br>Tans Very Easily |
| Examples   | : Mediterranean, Some<br>Asian and Hispanic,<br>Mixed Race    |
| Sciton Tre | atments:  |

**Texture/Tone:** BBL<sup>®</sup>, HALO<sup>®</sup>, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

## Vascular/Hair: ClearV<sup>®</sup>, ClearSilk<sup>®</sup>, BARE*it*<sup>™</sup>









 $\textbf{MOXI}^{\scriptscriptstyle{\text{TM}}}$  | 1 week post 1 tx | courtesy of RN Aesthetics



BBL® + HALO® | 2 weeks post 2 tx | courtesy of AesthetiCare MedSpa



ClearSilk® + BBL® | 1 month post 3 tx | courtesy of Antonio Campo-Voegeli, MD, PhD



# SKIN TYPE V

| Hair: | Dark Brown   |
|-------|--|
| Eyes: | Brown  |
| Skin: | Dark Brown<br>Rarely Burns<br>Tans Easily<br>Quickly Darkens |

**Examples:** Middle Eastern, Asian, Hispanic, Mixed Race

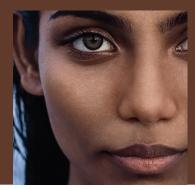
## **Sciton Treatments:**

**Texture/Tone:** BBL<sup>®</sup>, HALO<sup>®</sup>, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

Vascular/Hair: ClearV<sup>®</sup>, ClearSilk<sup>®</sup>, BARE*it*<sup>™</sup>









MOXI<sup>™</sup>+ BBL<sup>®</sup> HERO<sup>™</sup> | post 1 tx | courtesy of Sherrif Ibrahim, MD, PhD



HALO<sup>®</sup> | 3 months post 2 tx | courtesy of Sherrif Ibrahim, MD, PhD



 $\textbf{ClearSilk}^{\circledast} \mid \text{post 3 tx} \mid \text{courtesy of Rebecca Gelber, MD}$ 



# SKIN TYPE VI

| Hair:     | Black                                     |
|-----------|---|
| Eyes:     | Brown                                     |
| Skin:     | Black<br>Never Burns<br>Tans<br>Very Dark |
| Evomploor | African Black Caribboan                   |

**Examples:** African, Black, Caribbean, Dominican, Darker Skin Indian, Darker Skin Asian, Mixed Race

## Sciton Treatments:

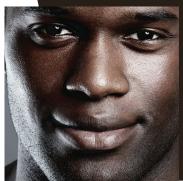
**Texture/Tone:** HALO<sup>®</sup>, Contour TRL<sup>™</sup>, ProFractional<sup>™</sup>, MOXI<sup>™</sup>

Vascular/Hair: ClearV<sup>®</sup>, ClearSilk<sup>®</sup>, BARE*it*<sup>™</sup>

\*This skin type is NOT a candidate for BBL®











MOXI<sup>™</sup> | post 1 tx | courtesy of Jason Pozner, MD



**ProFractional XC**<sup>TM</sup> | post 4 tx | courtesy of Jeff Walding, MD



HALO® | post 1 tx | courtesy of Sherrif Ibrahim, MD, PhD

## Find the Perfect Fit

|                    | l ·                           |  |  |  |  |  |  |  |                                      |   |                             |   |  |   |                                   |                                  |
|--------------------|-------------------------------|--|--|--|--|--|--|--|--------------------------------------|---|-----------------------------|---|--|---|-----------------------------------|----------------------------------|
|                    |                               | BBL® BroadBand Light<br>420-1400 Smart Filters | Forever BARE BBL◎<br>590-695 Smart Filters | Forever Clear BBL <sup>®</sup><br>420, 560, 590 & 800 ST Smart Filters | <b>Forever Young BBL</b> <sup>®</sup><br>560, 640, 695, 590 ST, 695 ST &<br>800 ST Smart Filters | SkinTyte™<br>590 ST, 695 ST & 800 ST Smart Filters | BBL® HER0™<br>515 - 1400 Smart Filters | <b>HALO</b> <sup>®</sup><br>1470 Diode & 2940 Er.YAG | <b>MOXI</b> <sup>TM</sup><br>1927 nm | BARE <i>it</i> <sup>110</sup><br>810 nm, Blend: 810 nm, 940 nm, 1060 nm | Contour TRL™<br>2940 Er.YAG | ProFractional <sup>™</sup><br>2940 Er.YAG | <b>ClearSilk</b> <sup>®</sup><br>1064 ND:YAG | <b>ClearV</b> <sup>®</sup><br>1064 Nd:YAG | <b>ClearHair</b> ◎<br>1064 Nd:YAG | <b>ClearToe</b> ™<br>1064 Nd:YAG |
|                    | Acne                          | •  |  | •  |  |  |  |  |                                      |   |                             |   | •  | •   |                                   |                                  |
|                    | Acne Scars                    | •  |  |  |  |  |  | •  |                                      |   | •                           | •   | •  |   |                                   |                                  |
| Σ                  | Scar Revision                 |  |  |  |  |  |  | •  |                                      |   | •                           | •   |  |   |                                   |                                  |
| SKIN QUALITY       | Skin Resurfacing              |  |  |  |  |  |  | •  |                                      |   | •                           | •   |  |   |                                   |                                  |
| SKIIN              | Skin Maintenance              | •  |  | •  | •  | •  | •                                      | •  |                                      |   | •                           | •   | •  |   |                                   |                                  |
|                    | Skin Texture Improvement      | •  |  |  | •  | •  | •                                      | •  |                                      |   | •                           | •   | •  |   |                                   |                                  |
|                    | Wrinkles                      |  |  |  |  |  |  | •  |                                      |   | •                           | •   | •  |   |                                   |                                  |
| PIGMENTATION       | Age Spots                     | •  |  | •  | •  |  | •                                      | •  | •                                    |   | •                           | •   | •  |   |                                   |                                  |
|                    | Discoloration                 | •  |  | •  | •  |  | •                                      | •  | •                                    |   | •                           | •   | •  |   |                                   |                                  |
| BMEN               | Dullness                      | •  |  |  | •  |  | •                                      | •  | •                                    |   |                             |   | •  |   |                                   |                                  |
| BIG                | Uneven Tone                   | •  |  |  | •  |  | •                                      | •  | •                                    |   | •                           | •   | •  |   |                                   |                                  |
|                    | Diffuse Redness – Flushing    | •  |  |  | •  |  | •                                      |  |                                      |   |                             |   | •  |   |                                   |                                  |
|                    | Reticular Veins               |  |  |  |  |  |  |  |                                      |   |                             |   |  | •   |                                   |                                  |
| JLAR               | Rosacea                       | •  |  |  | •  |  | •                                      |  |                                      |   |                             |   | •  |   |                                   |                                  |
| VASCULAR           | Spider Veins                  | •  |  |  |  |  | •                                      |  |                                      |   |                             |   |  | •   |                                   |                                  |
|                    | Telangiectasias               | •  |  |  | •  |  | •                                      |  |                                      |   |                             |   |  | •   |                                   |                                  |
|                    | Vascular Malformation Lesions | •  |  |  | •  |  | •                                      |  |                                      |   |                             |   |  | •   |                                   |                                  |
| HAIR & SPECIALTIES | Permanent Hair Reduction      | •  | •  |  |  |  |  |  |                                      | •   |                             |   |  |   | •                                 |                                  |
|                    | Pseudofolliculitis            | •  | •  |  |  |  |  |  |                                      |   |                             |   |  |   | •                                 |                                  |
|                    | Onychomycosis                 |  |  |  |  |  |  |  |                                      |   |                             |   |  |   |                                   | •                                |
|                    | Warts                         |  |  |  | <u> </u>   |  |  |  |                                      |   |                             |   |  | •   |                                   |                                  |

This brochure is intended for educational and informational purposes only and should not be used for diagnosing or treating patients without first receiving comprehensive clinical training. Individual patient results may vary.



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